

Meaningful Gifts for New and Expectant Moms



Every mother's day, children across the country celebrate their mothers with heartfelt gestures like breakfast in bed, homemade cards, and the occasional macaroni necklace. Below are a few ideas on how can you celebrate the new mom or mom-to-be in your life.

1. Babysitting coupon

Offer mom time to catch up on sleep, go to the hair salon, run errands or do anything else she has neglected for the past few months.

2. A homemade dinner

Offer to make mom dinner and do the dishes. Make sure to include fresh vegetables and healthy options.



3. Magazine subscription

New moms and moms-to-be often don't have time to read whole books, but magazines are great for some quiet entertainment.

4. Gift certificate for a manicure or pedicure.



Every mom needs to feel pampered after she has spent all of her energy focusing on someone else. Include babysitting for an hour or two as well.

5. Personalized jewelry with the name, birth date or birthstone of her new baby.

A meaningful way to mark the occasion of a new birth is with a keepsake that mom can carry close to her.

6. A basket of the foods she was not able to enjoy when pregnant:

Find out if there is anything in particular that she missed when she was pregnant and surprise her with her favorites such as soft cheeses or coffee.



7. A gift certificate for an online photo store

She can use it to have pictures of her new baby printed or to design custom baby announcements.

8. Coupon for a day of house cleaning from you or from a local service



Offer to clean the house or find a local service that can do a one-time spring cleaning. Even doing a few loads of laundry, washed, dried and folded, can be a huge help.

9. Slippers

To keep mom's feet comfy when she has to get up for frequent bathroom breaks or when checks on her baby at night.



10. Bubble bath

Find out what mom's favorite products are and pamper her with some lotions, soaps or bubble bath so she can use them to relax and unwind.