



**January 2012
Order Form
for free materials**

Use black or blue ink.

NAME _____

AGENCY _____

DEPT _____

PHONE _____

STREET ADDRESS _____

(no delivery without street address) Residential Address Business Address

CITY _____

STATE _____ ZIP _____ COUNTY _____

PO BOX _____ CITY _____

(Please include PO Box if you have one.)

STATE _____ ZIP _____ COUNTY _____

EMAIL _____

(Please include email address. Print very carefully. If you don't have an email address, write NONE.)

DATE ORDERED _____ DATE NEEDED _____

Fax number for ordering materials

919-828-7470

No cover sheet needed.

Sample: A3 5 packs = 250 total quantity

Women's Health	Item	# Packs	Total Qty.
Taking Care of Me 50/pk	A3		
Private Matters 100/pk	A4		
It's Time to Take Care of You poster	A5	no packs	
Mujer Total* (Total Woman) 25/pk, limit 100	A6S		
Choices: Health Matters for Women 50/pk	A7		
Es hora de dedicarse a su salud cartel (Time to take care)	A8S	no packs	
My Health Journal 25/pk	A9E		
Mi Diario de Salud 25/pk	A9S		
HIV: Keeping It Real 50/pk	A10E		
VIH Una Realidad 50/pk	A10S		
HIV Keeping It Real /¡Saber es Poder! flyer/hoja 25/pk	A11		
Family Planning Methods 50/pk, limit 150	A13		
Métodos de Planificación Familiar 50/pk, limit 150	A13S		
Healthy Habits for Life 25/pk	A14		

Pregnancy	Item	# Packs	Total Qty.
Our Healthy Baby's Family Album 50/pk	B2		
What's Happening To Me? (pregnancy calendar) 25/pk	B3		
If You Smoke and Are Pregnant 50/pk, limit 100	B4		
Prevent Preterm Labor 100/pk	B5E		
Prevenga el parto prematuro 100/pk	B5S		
A Healthy Baby Begins with You Poster	B8	no packs	
Keeping The Circle Healthy 100/pk	B9		
Text4Baby Referral Cards 100/pk	B10E		
Text4Baby Tarjeta de Referencia 100/pk	B10S		
Text4BabyFlyer Eng/Span 100/pk	B11		

***English translation available at:**

www.nchealthystart.org/downloads2/spanish/Mujer_Total.htm

NC Preconception Health Campaign Materials

The North Carolina Healthy Start Foundation also distributes free NC Preconception Health Campaign materials. Download order forms at www.NCHealthyStart.org/orderform or call 919-256-3581.

Parenting & Baby Care	Item	# Packs	Total Qty.
See How We Grow 50/pk, limit 200	C1E		
Observa mi crecimiento 50/pk, limit 200	C1S		
Baby's Safe Sleep (fotonovela) 100/pk	C2		
Back To Sleep Information Sheet Eng/Span, 50/pad	C4		
Oh Baby! (secondhand smoke) 50/pk, limit 100	C6		
Baby's Safe Sleep Poster	C9E	no packs	
Cómo dormir a su bebé seguro cartel	C9S	no packs	
Infant Safe Sleep Checklist Poster 25/pk, limit 4 packs	SS1E		
Lista de Control para un Sueño Seguro cartel 25/pk, limit 4 packs	SS1S		

Men's Health	Item	# Packs	Total Qty.
Body Maintenance Manual 25/pk	H1		
Manual de Mantenimiento del Cuerpo 25/pk	H1S		

Health Check (Medicaid)/NC Health Choice (HC/NCHC)

The income guidelines listed in these materials are subject to change. For current income guidelines, go to www.nchealthystart.org/income.pdf. Las siguientes cifras pueden cambiar. Para ver los límites de ingreso más recientes, por favor visite www.mamasana.org/ingreso.pdf.

	Item	# Packs	Total Qty.
HC/NCHC Envelope Stuffer/Volante para carta 100/pk	D3		
HC/NCHC Fact Sheet Eng/Span 100/pad	D4		
HC/NCHC Fact Sheet (D4 folded, Eng/Span) 100/pk	D4BR		
HC/NCHC Poster/Cartel Eng/Span	D5	no packs	
HC/NCHC Application 100/pk, limit 500	D6E		
HC/NCHC Solicitud 100/pk, limit 300	D6S		

Medical Home items are Eng/Span	Item	# Packs	Total Qty.
Fever/Fiebre 100/pk, limit 500	M4		
Colds/El catarro 100/pk, limit 500	M5		
Ear Infections/Infecciones del oído 100/pk, limit 500	M6		

Online Health Check/NC Health Choice Fact Sheet Translations

The fact sheet is available in 12 foreign languages, English on second side. Download and print from www.NCHealthyStart.org/hchc

En Español

Mujer Total	Total Woman
Es hora de dedicarse a su salud cartel	It's Time To Take Care of You
Mi Diario de Salud	My Health Journal
VIH Una Realidad	HIV Keeping It Real
¡Saber es Poder! hoja	Keeping It Real flyer
Métodos de Planificación Familiar	Family Planning Methods
Prevenga el parto prematuro	Prevent Preterm Labor
Text4Baby tarjeta de referencia	Text4Baby referral card
Text4Baby hoja	Text4Baby flyer
Observa mi crecimiento	See How We Grow
Boca arriba para dormir hoja informativa	Back To Sleep Information Sheet
Cómo dormir a su bebé seguro cartel	Baby's Safe Sleep Poster
Lista de Control para un Sueño Seguro cartel	Infant Safe Sleep Checklist Poster
Manual de Mantenimiento del Cuerpo	Body Maintenance Manual
HC/NCHC Volante para carta	HC/NCHC Envelope Stuffer
HC/NCHC Hoja de información	HC/NCHC Fact Sheet
HC/NCHC Hoja de información doblada	HC/NCHC Fact Sheet folded
HC/NCHC cartel	HC/NCHC Poster
HC/NCHC solicitud	HC/NCHC Application
Su Hogar Médico señaladores	Medical Home Bookmarks

Sign Up For On-line Happenings

Sign up for our free electronic newsletter and receive updates on women's health issues, infant safe sleep practices, Latino healthcare strategies and other health information. Go to www.NCHealthyStart.org and click on the subscription link.

Ordering Tips

- Allow 3 weeks for delivery
- Include ALL shipping information
- Specify the number of packs and total quantity of each item ordered
- Record the date of your order on the order form
- Order enough to last at least 2 months; for health fairs, order no more than half of expected attendance
- NO BULK ORDERS outside North Carolina
- Keep a copy of your order
- If possible, please use a business address to reduce shipping costs

Order Online

www.NCHealthyStart.org/orderform

Mail To

North Carolina Healthy Start Foundation
Shipping Department
3725 National Drive, Suite 105
Raleigh, NC 27612

**WE
MOVED**



For Additional Information

Call Shipping: 919-256-3581
Visit: www.NCHealthyStart.org or www.MamaSana.org
Contact: information@NCHealthyStart.org



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for free materials

Please discard old order forms.

FAX
completed order form to
919-828-7470