



www.NCHealthyStart.org
www.MamaSana.org

June 2009 Order Form for free materials

Use black or blue ink.

NAME _____

AGENCY _____

DEPT _____

PHONE _____

STREET ADDRESS _____

(no delivery without street address) Residential Address Business Address

CITY _____

STATE _____ ZIP _____ COUNTY _____

PO BOX _____ CITY _____

(please include PO Box if you have one)

STATE _____ ZIP _____ COUNTY _____

EMAIL _____

DATE ORDERED _____ DATE NEEDED _____

Fax number for ordering materials

919-828-7470

No cover sheet needed.

Folic Acid and Family Planning Program Materials

The North Carolina Healthy Start Foundation also distributes free N.C. Folic Acid Council and Family Planning Waiver materials. Download order forms at www.NCHealthyStart.org/orderform or call 919-256-3581.

Sample: A4 5 packs = 500 total quantity

Women's Health	Item	# Packs	Total Qty.
Taking Care of Me 50/pk	A3		
Private Matters 100/pk	A4		
It's Time to Take Care of You Poster	A5	no packs	
Mujer Total* (Total Woman) 50/pk, limit 50	A6S		
Choices: Health Matters for Women 50/pk	A7		
Es hora de dedicarse a su salud cartel (Time to take care)	A8S	no packs	
My Health Journal 25/pk	A9E		
Mi Diario de Salud 25/pk	A9S		
Keeping It Real 100/pk	A10E		
VIH Una Realidad (HIV: Keeping It Real) 100/pk	A10S		
Keeping It Real /¡Saber es Poder! Poster/Cartel	A11	no packs	

Pregnancy	Item	# Packs	Total Qty.
Our Healthy Baby's Family Album 50/pk	B2		
What's Happening To Me? (pregnancy calendar) 25/pk	B3		
If You Smoke and Are Pregnant 50/pk, limit 100	B4		
Prevent Preterm Labor 100/pk	B5E		
Prevenca el parto prematuro (Prevent Preterm Labor) 100/pk	B5S		
A Healthy Baby Begins with You Poster	B8	no packs	
Keeping The Circle Healthy 100/pk, limit 200	B9		

Parenting & Baby Care	Item	# Packs	Total Qty.
See How We Grow 50/pk, limit 200	C1E		
Observa mi crecimiento (See How We Grow) 50/pk, limit 200	C1S		
Baby's Safe Sleep (fotonovela) 100/pk	C2		
Back To Sleep Information Sheet Eng/Span, 50/pad	C4		
Oh Baby! (secondhand smoke) 50/pk, limit 100	C6		
Baby's Safe Sleep Poster	C9E	no packs	
Cómo dormir a su bebé seguro cartel (Baby's Safe Sleep)	C9S	no packs	
Duerma seguro a su bebé* (Your Baby's Sleep Safety) (fotonovela) 25/pk	C12S		

NC Family Health Resource Line	Item	# Packs	Total Qty.
Resource Line/La Línea de Recursos Poster/Cartel	E2	no packs	
Resource Line Referral Card 100/pk	E5E		
La Línea de Recursos Tarjeta (Resource Line card) 100/pk	E5S		

Men's Health	Item	# Packs	Total Qty.
Body Maintenance Manual 25/pk	H1		

Health Check (Medicaid)/ NC Health Choice (HC/NCHC) D3, D4, D4BR updated 4.09	Item	# Packs	Total Qty.
HC/NCHC Ana María Fotonovela* Span 50/pk	D2S		
HC/NCHC Envelope Stuffer/Volante para carta 100/pk	D3		
HC/NCHC Fact Sheet Eng/Span 100/pad	D4		
HC/NCHC Fact Sheet (D4 folded, Eng/Span) 100/pk	D4BR		
HC/NCHC Poster/Cartel Eng/Span	D5	no packs	
HC/NCHC Application 100/pk, limit 500	D6E		
HC/NCHC Solicitud 100/pk, limit 300	D6S		

Medical Home all materials are Eng/Span	Item	# Packs	Total Qty.
The Right Call/Siempre la llamada correcta 100/pk	M1		
Medical Home Magnet/Imán 100/pk, limit 200	M2		
Fever/Fiebre 100/pk, limit 300	M4		
Colds/El catarro 100/pk, limit 300	M5		
Ear Infections/Infecciones del oído 100/pk, limit 300	M6		
Medical Home vs. ER/Su Hogar Médico o la Sala de Emergencias 100/pk, limit 300	M7		
Make Each Doctor's Visit Work for You 100/pk, limit 300	M8		
Choosing a Quality Medical Home 100/pk, limit 300	M9		

Online Health Check/NC Health Choice Fact Sheet Language Translations

Help reach out to immigrant communities. English on second side. Download and print using the following URLs:

- Arabic: www.nhealthystart.org/hchc/ArabicFS.pdf
- Chinese: www.nhealthystart.org/hchc/ChineseFS.pdf
- Hmong: www.nhealthystart.org/hchc/HmongFS.pdf
- Korean: www.nhealthystart.org/hchc/KoreanFS.pdf
- for Montagnards: www.nhealthystart.org/hchc/MontagnardFS.pdf
- Vietnamese: www.nhealthystart.org/hchc/VietnameseFS.pdf

NOTE: Files are large and may take a few moments to download. These items are not available through the catalog.

* English translations available at:

- www.nhealthystart.org/enespanol/informacion/Mujer_Total_Translation.pdf
- www.nhealthystart.org/downloads2/Your_Babys_Sleep_Safety_English.htm
- www.nhealthystart.org/downloads2/Ana_Maria_Foto.htm

En Español

Mujer Total	Total Woman
Es hora de dedicarse a su salud cartel	It's Time To Take Care of You
Mi Diario de Salud	My Health Journal
VIH Una Realidad	HIV Keeping It Real
¡Saber es Poder! cartel	Keeping It Real Poster
Prevenga el parto prematuro	Prevent Preterm Labor
Observa mi crecimiento	See How We Grow
Boca arriba para dormir hoja informativa	Back To Sleep Information Sheet
Cómo dormir a su bebé seguro cartel	Baby's Safe Sleep Poster
Duerma seguro a su bebé fotonovela	Your Baby's Sleep Safety
La Línea de Recursos cartel	Resource Line Poster
La Línea de Recursos tarjeta de referencia	Resource Line Referral Card
HC/NCHC Ana María fotonovela	HC/NCHC Ana María Fotonovela
HC/NCHC Volante para carta	HC/NCHC Envelope Stuffer
HC/NCHC Hoja de información	HC/NCHC Fact Sheet
HC/NCHC Hoja de información doblada	HC/NCHC Fact Sheet folded
HC/NCHC cartel	HC/NCHC Poster
HC/NCHC solicitud	HC/NCHC Application
Siempre la llamada correcta	The Right Call Brochure
Imán Hogar Médico	Medical Home Magnet

Ordering Tips

- Allow 3 weeks for delivery
- Include ALL shipping information
- Specify the number of packs and total quantity of each item ordered
- Record the date of your order on the order form
- Order enough materials to last at least 2 months; for health fairs, order no more than half of expected attendance
- NO BULK ORDERS outside North Carolina
- Keep a copy of your order

Order Online

www.NCHealthyStart.org/orderform

Mail To

North Carolina Healthy Start Foundation
Shipping Department
1300 St. Mary's Street, Suite 204
Raleigh, NC 27605

For Additional Information

Call Shipping: 919-256-3581
Visit: www.NCHealthyStart.org or www.MamaSana.org
Contact: information@NCHealthyStart.org



www.NCHealthyStart.org

www.MamaSana.org

English & Spanish

June 2009 Order Form for free materials

Please discard old order forms.



An electronic newsletter for health professionals and educators on the health and well-being of women

and young children in North Carolina. For a free subscription, contact iNCite@NCHealthyStart.org.



Our other electronic newsletter (in English) offers cultural

competency and linguistic tips for healthcare providers working with Latinas. Contact mlatina@NCHealthyStart.org for a free subscription.

FAX

completed order form to

919-828-7470