

# Make each doctor's visit work for you!



**The Right Call Every Time.  
Your Medical Home.**

**REMEMBER YOU CAN CALL 24 HOURS A DAY, SEVEN DAYS A WEEK.**

## **BEFORE THE VISIT**

Write down your questions and concerns. If it's a long list, ask for a longer doctor's visit.

If your child sees specialists, ask them to send their reports to your child's Medical Home.

If your child has a special condition, learn all you can about it and the extra care your child may need to stay healthy.

## **ON THE DAY**

Pack some books, toys, snacks, and extra clothes.

Bring the medicines your child takes regularly.

Bring your child's insurance card, the benefits booklet, your child's immunization (shots) record, and your list of questions.

If you need help, ask a friend or family member to join you.

## **AT YOUR MEDICAL HOME**

Relax! Ask questions! Take notes. Tell your doctor when something isn't clear. Remember, both you and the doctor want the very best for your child!

Ask when you should schedule your child's next visit.

## **AFTER THE VISIT**

Put your child's medical information in one place – ready for the next visit.



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