

Organization: Breastfeeding Encouragement Learning Liaison and Support

County: Mecklenburg

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Project: Professional Conference/Training

*****Below are excerpts from their final report*****

About the Project: This allowed us to educate these five peer counselors and increase their skills working with new mothers to help them give their babies the best start in life by breastfeeding.

Successes: The grant from the N.C. Healthy Start Foundation allowed Breastfeeding Peer Counselors employed by BELLAS the opportunity to learn the most up to date information about breastfeeding. Research in the field of breastfeeding is constantly being done, and Peer Counselors need to keep up to date in order to help mothers breastfeed. The La Leche League of North Carolina Area Conference features experts such as Dr. Jack Newman and Dr. Miriam Lobbok. BELLAS is appreciative of the opportunity to send experienced Peer Counselors to this conference.

