

**Organization:** Morehead Memorial Hospital

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**County:** Rockingham**Address:** 117 E. Kings Hwy.  
Eden, N.C. 27288**Phone:** 336-623-9711 ext. 2209**Website:** <https://www.morehead.org/Portal/Main.aspx>**Project:** Event/ Women's & Children's Expo***\*\*Below are excerpts from their final report\*\****

**About the Project:** The N.C. Healthy Start Foundation grant was used to enhance our annual Women's and Children's Expo. This event is designed to service women and children in Rockingham County and surrounding areas by providing them with health and wellness information and education on what local services are available. The grant funds allowed us to expand our advertisement efforts and provide lipid profile screenings free of charge.

By providing free lipid screenings (total cholesterol, HDL, LDL, and Triglycerides) individuals who are otherwise unable to pay for this service were able to take advantage of this screening. Twenty-two women were screened and all with elevated levels were counseled by the RN and encouraged to follow-up with their primary care physician.

**Successes:** Approximately 450 women and children came out on May 30 to enjoy this event. We were able to provide a variety of educational materials on hospital services, community services, health and wellness information and much more. At this event several other screenings and services were offered. For example, the N.C. Baptist Dental Van was onsite providing dental care. The Rockingham County Health Department provided TDAP vaccinations. The Rockingham Chiropractic provided posture and balance screenings, and so much more. The local fire department, bookmobile, EMS, and school system "nutrition" were among just a few of the organizations that were able to reach parents and children with educational information.

