

Make each doctor's visit work for you!



The Right Call Every Time.
Your Medical Home.

REMEMBER you can call 24 hours a day,
7 days a week.

BEFORE THE VISIT

Write down your questions and concerns. If it's a long list, ask for a longer visit.

Keep notes so you can discuss your child's development with the doctor.

If your child has a special condition, learn about any care your child may need to stay healthy.

If your child sees specialists, tell them to send reports to your child's Medical Home.

ON THE DAY

Pack some books, toys, snacks and your list of concerns.

Bring your child's regular medicines, insurance card and immunization (shot) record.

If you want help, ask a friend or family member to join you.

AT YOUR MEDICAL HOME

Relax. Ask questions, especially if something is not clear. Take notes. Remember, both you and the doctor want the best for your child!

Partner with your doctor to plan your child's care. Talk about services that may benefit your child.

Decide when to schedule your child's next visit.

AFTER THE VISIT

Keep your child's medical information in one place — ready for the next visit.



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